Reacting vs Acting September 6, 2020

Proverbs 29:11, "A fool always loses his temper, but a wise man holds it back."

Reacting: an activity aroused by a stimulus. depression or exhaustion due to excessive exertion or stimulations. heightened activity and overaction succeeding depression or shock. a mental or emotional disorder that forms an individual's response to his or her life situation.

Acting: behaving in a manner suitable to your age.

Ephesians 4:26-32, "Be angry, and yet do not sin; do not let the sun go down on your anger, ²⁷ and do not give the devil an opportunity. ²⁸ He who steals must steal no longer; but rather he must labor, performing with his own hands what is good, so that he will have something to share with one who has need. ²⁹ Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear. ³⁰ Do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. ³¹ Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. ³² Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

Songs

Each Step I Take

Each step I take my Savior goes before me, and with His loving hand He leads the way. And with each breath I whisper "I adore Thee." Oh, what joy to walk with Him each day. *Chorus:* Each step I take I know that He will guide me; to higher ground He ever leads me on. Until some day the last step will be taken, each step I take just leads me closer home. I trust in God, no matter come what may, for life eternal is in His hand, He holds the key that opens up the way, that will lead me to the promised land. *Repeat Chorus*

Victory in Jesus

I heard an old old story, how a Savior came from glory, how He gave His life on Calvary to save a wretch like me, I heard about His groaning, of His precious blood's atoning, then I repented of my sins and won the victory.

Chorus: Oh victory in Jesus, my Savior forever, He sought me and bought me with His redeeming blood, He loved me ere I knew Him and all my love is due Him, He plunged me to victory, beneath the cleansing flood.

I heard about His healing, of His cleansing power revealing, how He made the lame to walk again and caused the blind to see, and then I cried, "Dear Jesus, come and heal my broken spirit," I then obeyed His blessed commands and gained the victory.

Repeat Chorus

Where He Leads I'll Follow

Sweet are the promises, kind is the word, dearer far than any message man ever heard, pure was the mind of Christ, sinless, I see, He the great example is and pattern for me.

Chorus: Where He leads I'll follow, follow all the way, follow Jesus every day List to His loving words, "Come unto Me!" Weary, heavy laden, there is sweet rest for thee, trust in His promises, faithful and sure, lean upon the Savior and thy soul is secure. *Repeat Chorus*

Break Thou the Bread of Life

Break thou the bread of life, dear Lord, to me, as thou didst break the loaves beside the sea, beyond the sacred page I seek Thee, Lord, my spirit pants for thee, o living word. Bless thou the truth, dear Lord, to me, to me, as thou didst bless the bread by Galilee, then shall all bondage cease, all fetters fall, and I shall find my peace, my all in all.